

# **HOW TO PRAY FOR YOUR SONS AND DAUGHTERS AND LOVED ONES**

## **PROGRAM # 1**

### **TALK 1**

#### **HOW IS YOUR PRAYER LIFE?**

Introduction to follow

- ❖ How is your prayer life?
- ❖ Do you have one?
- ❖ Is it effective?
- ❖ Is it helping you grow closer to God?
- ❖ Do you feel alone in your prayer life or
- ❖ Are you aware that you are apart of the Catholic prayer family?
- ❖ Do you know who is in this Catholic prayer family?

#### **PRACTICAL APPLICATION**

To keep our divine appointment each day with our Heavenly Father in prayer

How to determine:

1. Time of prayer
2. Place of prayer
3. Preparation for prayer time
4. Protection of our prayer time
5. Proper aids to help us in our prayer time

## **PROGRAM # 2 AND 3**

### **TALK 2**

#### **WHEN GOOD PARENTS SUFFER, WHERE IS GOD?**

In this program we will look at famous biblical characters to see how they suffered on behalf of their children's sins. To help us to understand how God can bring forth from our suffering, with our co-operation, tremendous blessing and transformation for our lives. We will look at six biblical examples of how this happened

## **PROGRAM # 4, 5, 6 AND 7**

### **TALK 3**

#### **A LOOK AT THE PRAYER LIFE OF JESUS AND HOW HE PRAYED AND WHAT HE SAID ABOUT PRAYER**

- ❖ What our attitude should be like in prayer
- ❖ Obstacles Jesus points to that hinder our prayers being answered

#### **PRACTICAL APPLICATION**

- ❖ To allow the words and example of Jesus to enter our hearts to make us the person of prayer He calls us to be.

## **PROGRAM # 8**

### **TALK 4**

#### **WHEN PARENTS CAME TO JESUS ON BEHALF OF THEIR CHILDREN WHAT HAPPENED?**

In this program, we will look at the Gospel accounts of what parents ask from Jesus for their children. We will look at the condition of the child, the parent's request and Jesus response.

#### **PRACTICAL APPLICATION**

- ❖ What does this talk tell me about Jesus?
- ❖ How would you compare the condition of your loved one to the condition of the children in the Gospel accounts we have just read?
- ❖ Do you think your children are too big a problem for God?
- ❖ How will this help you in praying for your loved ones from now on?

## **PROGRAM # 9**

### **TALK 5**

#### **WHAT ARE THE CONDITIONS OF THE LIVES OF THE PEOPLE WE ARE PRAYING FOR?**

To increase our awareness of how to be more specific in praying for our loved ones. To pray with wisdom and discernment in regards to each ones spiritual condition and to remove the obstacles that stop them from receiving God's grace.

## **PROGRAM # 10**

### **TALK 6**

#### **PRAYING THE PROMISES OF GOD FOR YOUR LOVED ONES**

We will look at what God has said in the scriptures of what He will do for parents in regards to their children

#### **PRACTICAL APPLICATION**

- ❖ To pray back to God the Father what He has promised to do in His Word on behalf of our children

## **PROGRAM # 11 AND 12**

### **TALK 7**

#### **THE POWER OF THE WORD OF GOD IN YOUR PRAYER LIFE**

In this talk, we will be taking prayers from scripture and praying them into the life of your loved ones. This will help you grow in faith, increase in hope and experience the peace that surpasses all understanding.

#### **PRACTICAL APPLICATION**

- ❖ Write out the prayers you pray for your loved ones
- ❖ What are you asking God for in your prayers
- ❖ Compare your prayers with the prayers from scripture
- ❖ See if you need to make any changes

#### **CATHOLIC DEVOTIONS IN YOUR PRAYER LIFE**

Rosary (make it personal)  
Chaplet of Divine Mercy  
Consecration to the Sacred Heart of Jesus  
Consecration to the Immaculate Heart of Mary

## **PROGRAM # 13**

### **TALK 8**

#### **FASTING**

In his Lenten address in 2008, Pope Benedict XV1, stressed the need for fasting to accompany our prayers. In this talk, we will see the roll fasting plays in the necessity of some prayers to be answered. When Jesus gave us the Our Father, He also spoke to us about fasting. We will look at ways of incorporating fasting into your prayer life and the variety of ways you can do this.